



**Annual
Report
2024.**

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Chair and CEO Report.



E rere ana ngā mihi ki a koutou katoa.

This year has been one of growth and adaptation at Momenta as we continue to integrate our principle-based approach into every aspect of our work. We have engaged in in-depth, organisation-wide professional learning to ensure these principles are fully understood, implemented, and embedded, reinforcing our commitment to supporting meaningful opportunities and valued roles for the people we serve.

Our programmes continue to go from strength to strength, meeting the diverse needs of the people we journey alongside. Discovery, now running for two years, and Social and Self Mastery, in their first year, have been well-received and form a robust suite of offerings. We are proud of the progress made so far and have planned a full review of programme content in 2025 to ensure continued alignment with best practices and the evolving needs of those we support.

Looking to the future, 2025 will also see the launch of the Momenta Advisory Board, composed of the individuals we walk alongside. This initiative will provide a vital platform for their voices, enabling them to play an active role in reviewing and improving our services. This is a significant step in fostering true collaboration and ensuring our services remain relevant and impactful.

The disability sector has faced significant uncertainty and change, including changes to individualised funding, and funding losses faced by many organisations. These changes create a challenging environment. At Momenta, we are navigating this with clarity and purpose, staying focused on delivering high-quality services that uphold our principles and respond to the evolving landscape.

Our planned move to the city centre in early 2025 marks another exciting step forward. This relocation will enhance accessibility, strengthen community connections, and better position us to meet the needs of those we serve.

As we reflect on this year, we feel that we are well-prepared to navigate the future with confidence. With a strong foundation, dedicated team, and unwavering commitment to our values, we look forward to continuing our work to ensure those we journey alongside have access to the good things in life.

Shelley Blakey,
Chief Executive Officer

Sam Fellows,
Board Chair



Ki te kotahi te kākaho ka whati:

Ki te kāpuia, e kore e whati

**When we stand alone, we are
vulnerable, but together we are**

unbreakable.

Our Team.

Board Members



Sam Fellows



Bridie Watson



John Grant



Keri Welham



Michael Lloyd



Dr Robbie Francis
Watene



Shelley Blakey



Shay McNeilly



Sabrina Marsh



Nicki Musgrave



Beena Rugnathji



Kerry Pearce



Kristen Matthews



Ash Rogers



Georgina Lyall



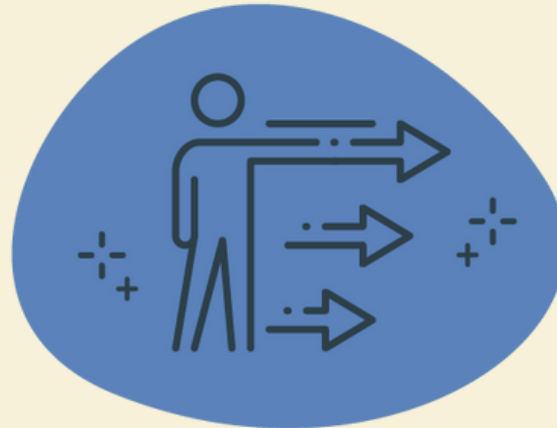
Jennie Holdsworth

We have welcomed new team throughout 2024. Each individual brings their own strengths and passions, but with the same desire - to help our clients go after a life they love.

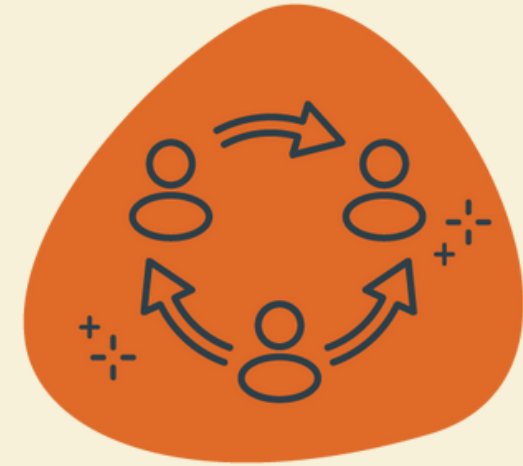
Our Values.



EMPOWER



SELF-DETERMINATION



COLLABORATE

Our Purpose.

To journey alongside disabled people tangata whaikaha so that all people can choose and go after a life that they love.

Our Programmes.

Our 1:1 coaching programmes build a person's **self-awareness, confidence, and capability**. We want to build confidence and clarity around goals, giving our clients the resources and skills they need to go after a life they love. To help shape a future that aligns with their individual aspirations.

Each Momenta programme has specific focuses but can be tailored to our clients needs and what they what to get out of the programme.

Discovery.

Self Mastery.

Social Mastery.

Springboard.

Work Confidence.

Forward, Together.

Client engagement.

In 2024, we continued to work with many of our clients across our suite of programmes.

129

total clients we have worked with across 2024.

68%

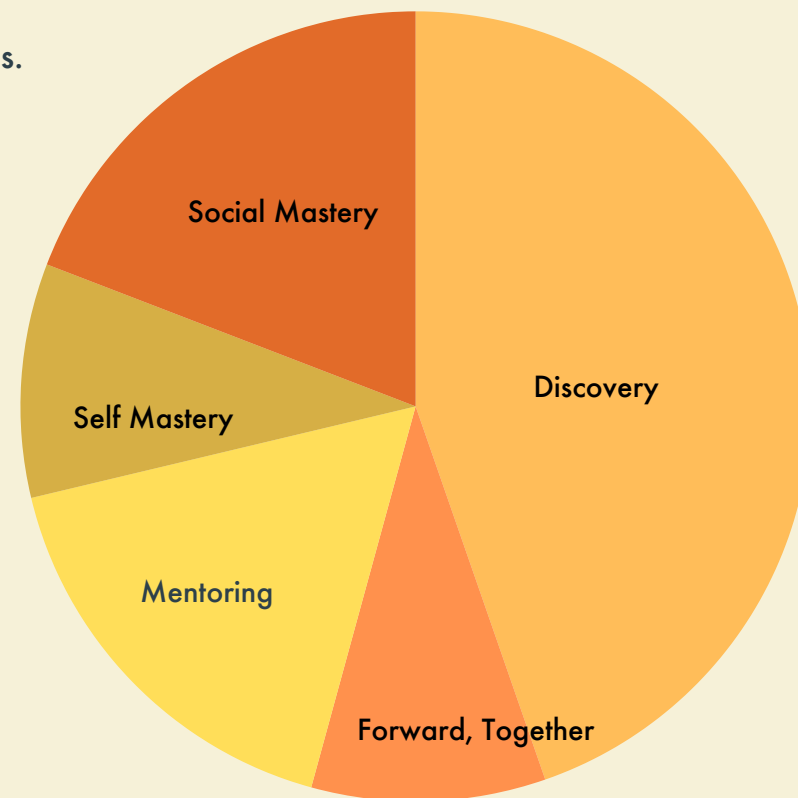
of our current clients are engaged in a secondary coaching programme, highlighting the value they find in their engagement with Momenta and their desire to continue the progress made during their discovery journey.

31

new clients have joined Momenta in 2024.

16

of our clients successfully exited our service to move on to their own endeavours. This is a decision made by clients who feel that they have successfully completed or begun meaningful work towards the goals they set when coming to Momenta and are confident and ready to move to their next stage, whatever that may be for them.



Programmes clients are engaged in from Jan 2024-Sept 2024

Work Confidence Programme.

Running in its second year, Work Confidence guides participants to explore and overcome the challenges of working in different settings. Clients are taught the practical skills of finding a job, such as writing CVs, understanding contracts, and paying taxes.

It also helps the participants to think about how they present themselves, body language, and social skills. Through this learning process, the participants can identify and develop their strengths, talents, and potential and showcase them to potential employers.

This year's programme had eight successful participants, showing great results six months on;

38%

Engaged with an employment service

13%

Obtained paid employment

63%

Completed a skill-based course

13%

Obtained work experience

63%

Obtained a new volunteering role

Other actions that were taken included;

- Creating or updating their CV.
- Continuing with coaching on Discovery or one of the Mastery Programs.
- Focusing on wellness or establishing good routine/habits to become work ready.
- Engaging in social groups or exploring hobbies/interests.
- Looking on job sites for what roles are available.
- Applying for jobs.
- Looking into further tertiary study towards a career pathway.

What participants said.

“

It changed my whole life. I feel very confident now – independent in different situations. Like managing hygiene and stuff. Introducing yourself and discovering who you are. It showed me part-time, full-time, and casual work and what you should get in each situation.

“

“My confidence has been higher since the course finished. Things that I was uncomfortable with I can now go up and talk to people and ask questions. I know about more roles.”

“

“I loved the connections and different relationships work confidence can teach me for next year.”

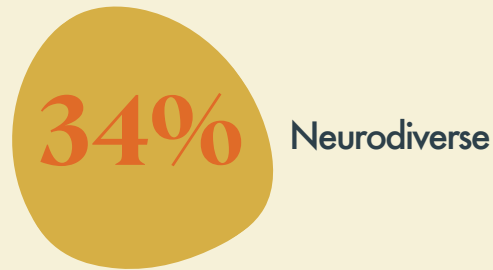
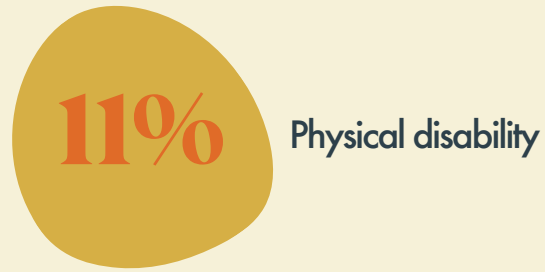
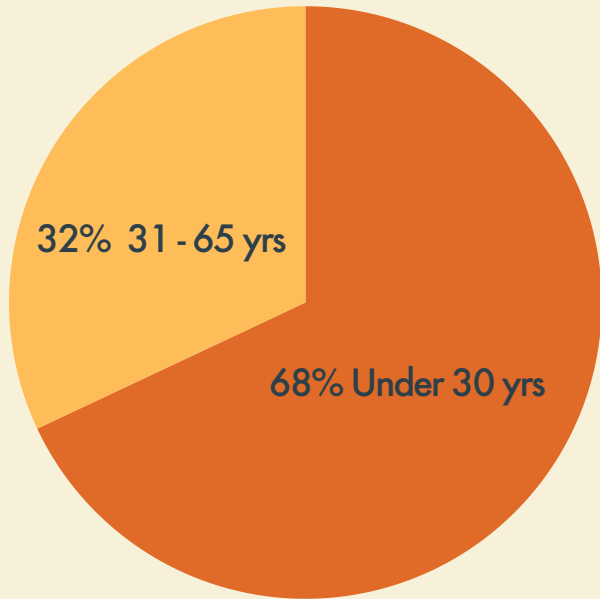
“

“I am more confident in my cleaning job. I am doing a new task that is cleaning the coffee machines. I never used to do that before.”

“

“Doing the work confidence programme made me better with my social anxiety and I could do this course and it's been a better experience.”

Our clients.



We continue to see a similar trend in the clients who access our services. Over the past few years there has been a shift to a younger demographic along with an increasing number of people identifying as neurodiverse.

Client stories.

Sam's mother shared her thoughts on the impact of coaching, as Sam comes to the end of the discovery programme as well as completing Work Confidence.

"Sam has benefited immensely from participating in Momenta's work skills and discovery courses. He has become more aware of his abilities, strengths, and values and how he can apply these when navigating his life.

He has developed future goals and is determined to enter an employment setting. He displays improved time management skills and can attend events independently without additional support.

Sam's ability to compromise with others and communicate his thoughts effectively has increased. He is more confident and relaxed in varied settings, adapting to new challenges when faced with changes or pressure.

He can now reflect on information, listen to other's ideas, and competently seek support when required.

I can highly recommend these courses to other students who want to gain new skills and improve their overall well-being.

We can't thank Momenta enough, these programmes have set Sam up for positive mana-enhancing success in every area of his life."

This year, we had the opportunity to connect a client with Bridge It NZ for a work experience placement. In his first week, the client was taken to a live bridge installation site to get a closer look at the work involved. This visit sparked genuine interest and set the stage for a smooth integration into the team.

Initial feedback from the managers was very positive. They highlighted the client's eagerness to get started and their ability to follow instructions. Once a task was assigned, the client worked hard and stayed focused until it was finished, whether it was cleaning the workshop, helping maintain vehicles, or assisting with yard work.

The managers have been thrilled thus far with the client's contributions and shared that the wider team now truly values their presence. The client will continue with the work experience next year, their family observing a significant boost in confidence and engagement within their general demeanour.

Amy joined Momenta's service in 2022, since then she has successfully completed Discovery, Self Mastery and the Work Confidence programmes. Amy meets with her coach for mentoring every two weeks.

Before starting coaching with Momenta, Amy notes, "I was really shy and didn't talk to anyone. I stayed away from everyone. Now, I talk to my colleagues. Volunteering has made me more aware of what I do around others and what I shouldn't do. I have people skills, and my social skills are better," she explains.

Amy is clear about her goal of gaining paid employment. While she loves her volunteering role and hopes to retain it, securing part-time employment in a role she loves is a future focus. This would allow her to be financially independent. She is currently working alongside CareerMoves to pursue part-time employment opportunities.

Amy's reflection on her journey with Momenta, "when I came to Momenta – everything changed. The coaching helped me to be more me. They encourage you to think about your dreams – to make them come true."

Client voice.

“

“One change is I have a calendar now. I have a good system, and it works! I’m going to keep doing that. I have never had one before and it caused me a lot more stress. This helps me cope with new things that are coming up.”

“

“I want the confidence to react in a more proactive manner, instead of ‘shutting it all out’. I used to see [change] as something negative, but now I want to have a more optimistic view.”

“

“This has been so helpful as it reminds me of the things I can do. I tend to forget and can become quite depressed or hopeless in stressful or anxious situations. These are good, real reminders from myself.”

“

“It was a huge black mess in my head before. It’s now more digestible, and I am making steps and taking action. I can still feel scared when I do but, I also feel better about it.”

“

“It is so much easier to make choices in life when you know what your priorities are... that’s what I love about knowing mine”

“

“For me, the circle of control and circle of gratitude go hand in hand. If I can be grateful for what I can do, I can stay focused on areas I can control and not get distracted by things I actually have no control over.”

Financial Report.

Momenta Charitable Trust has finished the year with a net surplus of \$210,345.

Revenue	2024	2023
Donations, fundraising and other similar revenue	19	5000
Revenue from providing goods or services	1,229,927	1,122,442
Interest, dividends and other investment revenue	182,932	131,747
Other revenue	19,458	-
Total Revenue	1,432,336	1,259,190

Expenses	2024	2023
Volunteer and employee related costs	828,116	855,251
Expenses related to providing goods or services	323,419	193,752
Other expenses	70,456	69,275
Total Expenses	1,221,991	1,118,278

Surplus/(Deficit) for the Year	210,345	140,911
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Assets	2024	2023
Current Assets		
Bank accounts and cash	764,715	448,313
Debtors and prepayments	48,320	75,263
Total Current Assets	813,035	523,576
Non-Current Assets		
Property, Plant and Equipment	2,757,884	73,972
Investments	2,325,322	5,012,731
Total Non-Current Assets	5,083,206	5,086,704
Total Assets	5,896,241	5,610,280

Liabilities	2024	2023
Current Liabilities		
Creditors and accrued expenses	113,538	38,383
Employee costs payable	60,250	57,724
Other current liabilities	614	2,578
Total Current Liabilities	174,402	98,685
Non-Current Liabilities		
Loan	189	290
Total Non-Current Liabilities	189	290
Total Liabilities	174,591	98,974
Total Assets less Total Liabilities (Net Assets)	5,721,650	5,511,305

Accumulated Funds	2024	2023
Opening balance	5,511,305	5,370,394
Current year earnings	210,345	140,911
Total Accumulated Funds	5,721,650	5,511,305



Annual Report.

2023 - 2024

ADMIN@MOMENTA.ORG.NZ

07 575 0585, 144 FRASER STREET, TAURANGA

WWW.MOMENT.ORG.NZ